

Monkon Muay Thai

CLASS SCHEDULE

MONDAYS TO FRIDAYS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05:30-06:30AM	MORNING FITNESS CLASS				MORNING FITNESS CLASS
07:00-08:00AM					
08:00-09:00AM		MORNING FITNESS CLASS		MORNING FITNESS CLASS	
09:00-10:00AM					
10:00-11:00AM					
11:00-12:00PM					
12:00-13:00PM	KICKBOXING		MUAY THAI		KICKBOXING
13:00-14:00PM					
14:00-15:00PM					
15:00-16:00PM					
16:00-17:30PM	BOXING	MUAY THAI	BOXING	KICKBOXING	BOXING
17:30-19:00	MUAY THAI	BOXING	KICKBOXING	BOXING	MUAY THAI
INSTRUCTOR	MATHEW		CARLO		ADAM
CONTACT NO	642463902		646126795		828396268

PRICE LIST

3 CLASSES PER WEEK

PRICE LIST	RATE	TIME	TRAINING DAYS PER WEEK
MONTH-MONTH	R750 CASH	1H30MIN	
3 MONTH FLAT FEE	R2500 CASH	SAME AS ABOVE	5 DAYS PER WEEK
6 MONTH	R800 EFT OR DEBIT ORDER	SAME AS ABOVE	3 DAYS PER WEEK
12 MONTH	R500 EFT OR DEBIT ORDER	SAME AS ABOVE	3 DAYS PER WEEK
FAMILY PACKAGE			
6 MONTH	R1500 EFT OR DEBIT	SAME AS ABOVE	3 DAYS PER WEEK
12 MONTH	R1000 EFT OR DEBIT	SAME AS ABOVE	3 DAYS PER WEEK
6 MONTH	R1200 EFT OR DEBIT ORDER	SAME AS ABOVE	5 DAYS PER WEEK
12 MONTH	R800 EFT OR DEBIT ORDER	SAME AS ABOVE	5 DAYS PER WEEK
PRIVATE CLASSES	RATE PER HOUR	TIME	
	R280	1 HOUR	